



*Pacific Coast*  
Academy of Dance  
2009-2010 Program Description



Dear PCAD Families,

Welcome back! What an incredible year we've had! And the one ahead promises to be even MORE spectacular starting with our renovated, updated and INCREDIBLE NEW WEBSITE (launching in September!) thanks to Mr. Neil Secretario! We've enhanced our programs to embrace our vision of PERFORMANCE ARTISTRY (where technique meets passion!) and managed to add a few NEW programs along the way, all designed to better serve our PCAD families and the surrounding communities. As Executive Director, I am THRILLED to summarize our 2009-2010 term.

### *Announcing...*

PCAD is honored to announce the addition of FIVE NEW instructors for the fall 2009 term:

- Amy Manlapaz Chiffin, *Adult & teen Ballet, DTT (Dance Team Technique) Faculty*
- Marlena Arellano, *Performance Team Coach, DTT Faculty*
- Laurie Mason, *AMTA Faculty, Musical Theatre Department (Co-Director CCA)*
- Joyce Goodman, *Adult Tap Instructor*
- Asuka Kondoh, *(from So You Think You Can Dance!) Teen & Adult Ballroom Director*

Returning Faculty:

- Vladimir & Nina Kolesnikov, *Artistic Directors YAB*
- Maria Lazar, *Ballet Mistress*
- William Lu, *Contemporary Director YAB; Contemporary Choreographer In Residence*
- Rosemary McCarter, *Ballet Instructor and Teens/Adult Program Department Chair*
- Ludmil Bubbov, *Ballet Instructor*
- Darin Dantice, *PCAD's Fitness Director; PCAD Performance Team Coach; Lyrical Instructor; Lyrical Department Chair (full Pilates studio on site; available for private training)*
- Carol Reeder, *Ballet and Tap Instructor; PreDance Department Chair*
- David Blair, *Artistic Director, Academy of Musical Theatre Arts (AMTA)*
- Elizabeth Blackaby, *Ballet and Tap Instructor; Home School Department Chair; AMTA Assistant Director*
- Jonni Homsey, *Hip Hop, Adult Jazz & Tap Instructor*
- Karen Woo, *Ballet and Contemporary Instructor; Co-Director Contemporary Program*
- Michelle DeLuna, *Franchise Owner KinderDance™ at PCAD*
- Natalie Jameson, *Hip Hop, Leaps & Turns and Jazz Instructor; PCAD Performance Team Coach*
- Shanna Buffamonte, *Hip Hop & Jazz Instructor; PCAD Performance Team Coach*
- Maria Lazar, *Ballet Mistress*
- Vladimir & Nina Kolesnikov, *Artistic Directors YAB*

Guest Faculty for 2009-10: Master Classes are offered throughout the year featuring professional dancers/instructors from around the world who are the leaders in their style of dance. What better way to keep our students up to date with the "world of dance"? *Watch for these Master Classes!*

- Alonzo King
- Amanda McKerrow, ABT (Dec)
- Amanda Schull, SF Ballet, Hawaii State Ballet, star of *Center Stage* (Oct)
- Desmond Richardson, *Complexions* (Oct)
- Gennady Selutsky, Kirov
- John Gardner, ABT (Dec)
- Martine Harley, Houston Ballet
- Master Teachers from "Jazzdance Troupe"
- Master Teachers from "Tap International"
- Nancy Raffa, ABT
- Producers for Disney Entertainment
- Rochelle Zide, Ballet Russes
- Sasha Groshanko, Bolshoi
- Tiffany Billings
- Tim Stevenson
- Tina D'Amato
- Choreographers from Broadway hits and motion pictures (did you see the great tap numbers in "Happy Feet"?)
- Melissa Sandvig (*Finalist, So You Think You Can Dance 2009*)

### *New for 2009-10*

- **BALLROOM DANCING FOR TEENS AND ADULTS**  
**ASUKA KONDOH, Ballroom Director**  
**Top 16 Finalist of SO YOU THINK YOU CAN DANCE 2009**

Adults & Teens, join us on Friday nights for an evening of salsa, cha-cha and the west coast swing! You met **Asuka Kondoh** on national television this year as a contestant on SYTYCD and she's joined our staff as Ballroom Director! Parents, take advantage of PCAD's Kids Korner, our babysitting service staffed by PCAD's older students who want to earn some extra cash to be used towards their dance class tuition! No partner? No problem! Singles welcome! Dancers aged 10 years plus will want to join Asuka on the 2<sup>nd</sup> Sunday of every month from 2-4 PM for Ballroom classes designed with them in mind!

- **DANCE TEAM TECHNIQUE (DTT) PROGRAM AT PCAD**

DTT Program was designed at the request of local high school dance team leaders for Performance, Dance and Cheer Teams seeking supplemental training FOCUSED ON TECHNIQUE to enhance performance at every competition! We have streamlined your training by conveniently scheduling most classes back to back on ONE DAY for "one stop training"!

- DTT Curriculum: Ballet, Jazz, Lyrical, Contemporary, Leap & Turns, Conditioning
- DTT Faculty: Amy Manlapaz-Chaffin (AC), Darin Dantice (DD), William Lu (WL), Marlena Arellano (MA) Boogie Box Staff

- **ACADEMY OF PERFORMANCE ARTISTRY (APA)**

*\*TWO of PCAD's best programs have merged!*

Previously known as "YAB Academy", our new APA program incorporates classes required by our Performance Team Coaches (technical plus rehearsal) which ensures proficiency in numerous dance genres, absolutely required in today's competitive dance job market. In addition to ballet classes, the curriculum assumes Performance Team membership on a minimum of one team giving these dancers an additional 4 on-stage performance opportunities per year.

This specialized program is designed for serious, pre-professional dancers who seek careers or college degrees in dance. Classes are limited to 15 dancers to ensure personal attention and are divided into six levels, Prep through Company. Strength maintenance is essential for injury prevention; consistent attendance is required. APA classes are offered six days a week in the study of technique, Pointe, variations, pas de deux, modern, Pilates, character and contemporary ballet, jazz, lyrical, leaps & turns and hip hop. Local, national and international performance opportunities are an integral part of this program. Entry to this pre-professional program is by audition only. Call to schedule a placement class!

- **ACADEMY OF CLASSICAL BALLET\* (ACB)**  
**Official school of YOUTH AMERICA BALLET**

*\*NEW name; formerly "ACADEMY"*

**VLADIMIR AND NINA KOLESNIKOV, Artistic Directors, Kirov; MARIA LAZAR, Ballet Mistress.** Our classical program is PCAD's streamlined version of the new Academy of Performance Artistry and is designed for dancers who, due to personal preference, time restraints and/or academic commitments, desire training in classical ballet and do not choose to participate on a Performance Team nor cross train in multiple genres. Dancers in compliance with ACB's curriculum and attendance requirements are eligible to compete at high caliber ballet competitions anywhere in the world including but not limited to YAGP, IBC, ABC, and Prix De Lausanne. The curriculum is focused on classes which provide students optimal training for professional employment or university level dance majors. Although PCAD encourages ALL dancers to train in multiple genres for maximum employment potential, we have formed the ACB for dancers seeking classical ballet training ONLY.

In the summer, PCAD hosts a three to five week summer intensive attended by advanced students from all over the world. Guest Artists visiting us over the years include Alexander Khmelnitski from Stuttgart Ballet, Boris Akimov and Larissa Saveliev of the Bolshoi Ballet, Gailene Stock and Gary Norman from Royal Ballet, Max Ratevosian from National Ballet of Canada, Nancy Raffa, Susan Jaffe, Irina Dvorozenka, Maxim Beloserkorsky, and Ethan Brown from ABT, Elena Legat Solovieva from Kirov Ballet, Roberto Almaguer from National Ballet of Cuba, Martine Harley from Houston Ballet, and internationally-acclaimed choreographer Eloy Barragan-Perez. Students enjoy the use of performance-sized state of the art studios equipped with sprung floors and covered in protective Marley. Personal lockers, kitchen facilities and a fully-equipped Pilates studio\* are available to Academy dancers. Entry to the intensive is by audition only. *\*with supervision*

## *Continuing PCAD Programs*

- **CONTEMPORARY PROGRAM**

**WILLIAM LU** leads our Contemporary Team and brings his gift of MOVEMENT to our dancers! In years previous, we were blessed to secure Mr. Lu for an occasional Saturday class amidst his teaching, choreographical and professional commitments which take him all over the world. In 2008, he joined us for one day a week. We're happy to announce that Mr. Lu will not only be in our studio TWICE weekly for the 2009-10 term, but ALSO joins our Performance Teams as an esteemed COACH! He has several ideas already for team, duet and solo pieces! William teams up with **KAREN WOO** to create and implement our contemporary curriculum to dancers in Levels 1-Company. All professional schools now (if they

didn't in the past) realize the absolute NECESSITY of contemporary training for dancers seeking professional employment. William has earned an INTERNATIONAL reputation as a dancer (founding member of Backhausdance and now with Helios Dance Theatre) AND choreographer and embraces PCAD's ultimate objective: PERFORMANCE ARTISTRY.

- **BALLET COMPETITIONS**

Although the Kolesnikovs, Mrs. Lazar, Mr. Lu and Mrs. Woo acknowledge the experience YAGP provides, they believe that additional OTHER national and international ballet/contemporary competitions, in addition to YAGP, offer valuable, long term benefits to students and plan to participate at those venues deemed advantageous (and non-political) to our students and their families, while taking participation (entry) & costume fees (your financial outlay!) under consideration as well. TRAINING, not competing, remains the focus at PCAD. When a dancer completes his or her preprofessional training, it becomes the job of your Artistic and Executive Directors to assist your dancer with professional or college program placement. With the numerous professional contacts enjoyed by the Kolesnikovs, Maria Lazar, William Lu, and the numerous Guest Artists who have taught at PCAD and recognize the in-studio talent, we are confident that we have the necessary resources and welcome the opportunity to "finish" your dancer's training by assisting with the "next step"!

- **THE NUTCRACKER 2009**

Last December, we debuted the Kirov version of our annual production, *The Nutcracker*, to record audiences and have already started working on costume, backdrop and prop enhancements for 2009! Open auditions will be held **Saturday, September 12, 2009** at PCAD; watch for our detailed audition times by level.

- **HOME SCHOOLERS PROGRAM**  
*Elizabeth Blackaby, Department Chair*

Several students in San Clemente and neighboring areas are homeschooled and utilize a flexible schedule for academics. Some home school programs do not offer classes in fine and performing arts. Dance classes can provide much needed physical activity and the opportunity for social interaction/team sportsmanship. PCAD 2009-10 offers classes between the hours of 11 AM – 3 PM specially designed to give these students a chance to avoid the busiest studio hours while training in ballet, jazz, lyrical, musical theatre and hip hop. These dancers will be invited to participate in our annual Spring Showcase affording them performance experience in addition to our classroom training.

- **PREDANCE PROGRAM**  
*Carol Reeder, Department Chair*

Daily classes are offered to accommodate your preschooler's schedule. **KINDERDANCE™** is for future dancers who enjoy theme-based, age and developmental- stage appropriate music & dance activities. **PREDANCE:** We offer ballet, jazz, hip hop, and tap. **Level I** classes: Ages 3-5 (*Most classes at this level are limited to 45 minutes*); **Level II:** Ages 4-6; **Kinder:** Classes for children ages 5-7 who are already in a structured environment such as kindergarten or preschool.

- **OPEN CLASSES**  
*Formerly PCAD's "Commercial Academy" Ages 6-18*

Dancers who are NOT registered in one of our Academies (APA, AMTA, ACB) are invited to take OPEN classes in Ballet, Hip Hop, Tap, Musical Theatre, Ballroom, Jazz, Leaps & Turns and Lyrical for the following levels: **Beginning (BEG):** 6-8 yrs. old; No previous experience; **Level I:** 7-10 yrs. Old: Minimum 1 year experience or with Teacher Recommendation (TR); **Level II:** 9-13 yrs. Old: Minimum 2 years experience or with TR; **Level III:** 12-15 yrs. Old: Minimum 3 years experience or with TR; **Advanced:** Advanced dancers, 15 years and up.

- **TEENS & ADULTS PROGRAM**

The **Teen Program** is designed for students 13+ years old (or in eighth grade) who have had some basic but sporadic training over the years and wish to return to dance. Since each level of ballet builds on the skills mastered in the preceding level, most students returning after time away require foundational support before the acquisition of NEW skills. Teens aren't comfortable taking classes with traditional Level I students who may be 7-10 years of age, so we've developed our Teen Program around the skill and developmental stage of adolescents. They progress quickly due to their maturity, and we ensure their safety along the way with foundational support. Technical training is ESSENTIAL if your dancer seeks a position on his or her high school dance team! New classes for **Teens and Adults** include tap, cardio jazz, ballroom, Community Theatre and Comedy Improv and more frequent Adult ballet in the mornings and evenings!

- **ACADEMY OF MUSICAL THEATRE ARTS (AMTA)**

**\*NEW Classes for fall!** *David Blair & Laurie Mason, Artistic Directors; Elizabeth Blackaby, Co-Director*

Do you love to perform? Want to improve your singing, acting AND dancing skills while learning the art of stagecraft? In addition to musical theatre classes for kids 5 years old and up, we're adding **ADULT COMMUNITY THEATRE & IMPROV** (*Do you like to make people laugh? Have dreams about being onstage at a local Improv Café? Adult Improv teaches you how to improvise comedic scenes through games and exercises designed to improve self confidence and enhance your "funny factor"! Course ends with a comedy showcase just*

like the one you've seen on "Whose Line is it Anyway") **ALSO NEW!** In addition to performing a musical during the term and short selections in PCAD's Spring Showcase, we plan to take AMTA "on the road" to compete at local venues as part of PCAD's Performance Teams. Our plan offers optional performance opportunities for the students as they take selected pieces to competitions during the term where they'll compete against other studios for trophies, ribbons and cash prizes. Each number entered receives valuable feedback from the judges, pointing out our strengths and weaknesses, making the entire experience totally educational for all involved. Competitions are usually held on Saturdays and/or Sundays and are held at numerous local venues.

- **PCAD PERFORMANCE TEAMS**

**Coaches: Natalie Jameson, Shanna Buffamonte, Marlena Arellano, William Lu & Darin Dantice**  
**\*NEW for 2009! "Mini" Team, Age 6+**

Auditions were conducted at the conclusion of our Performance Team Camps during the summer. Our Coaches have decades of teaching experience and team up to train our dancers for competitions at local events. Last year's teams qualified to compete nationally at EVERY COMPETITION THEY ATTENDED! Competitions start in February at a rate of 1 per month through May. For training and educational purposes, we have replaced Nationals with a Convention this year. No more missed family time in summer due to July or August Nationals unless you choose to attend one of the pre-qualified venues! Dance Teams offer a great opportunity to cross train in several styles of dance AND enhance performance skills along the way. Entry fees and costume expenses are the responsibility of the dancers. If you missed the auditions, there's still time to join before the season gets underway (ESPECIALLY our new MINI team!) Contact the studio to schedule an in-class audition. No new members will be accepted after Saturday, September 19, 2009!

- **CONDITIONING PROGRAM**

**Darin Dantice, Fitness Director**

Classes in Pilates, Stretch with William Lu, "Butts and Guts", Cardio Salsa and Boogie Box Fitness are offered throughout the week. Also, private lessons in Pilates are available at PCAD's on site Pilates studio with instructor Darin Dantice.

- **Embrace Our Community Outreach Programs (EOCP)**

DANCE MINISTRY™

**DAVID BLAIR, Director**      **CHOREOGRAPHER/TEACHER: MS. KAREN WOO**  
**CONSULTANT: MS. ROSEMARY MCCARTER**

PCAD is forming a Liturgical program designed for dancers who embrace the beauty of dance as a form of worship. Instructor Karen Woo is the teacher/choreographer of this program which plans to will meet weekly for rehearsals. These dancers will be a part of PCAD's Embrace Our Community Program (EOCP) and will perform when invited at local churches and community events. SKILL LEVEL REQUIRED: All levels invited; beginning through advanced. Ms. Woo will create our pieces showcasing each dancer's strength. FEES: Cost of class/rehearsals at regular PCAD prices, costumes (1 per piece) and traveling expenses to and from the local venues at which EOCP is invited to perform. GOALS: We need a minimum of 10 dancers to create a piece. We also need to agree on a day and time during the week for a 1.5 hour rehearsal. We hope to include school aged dancers, too, so rehearsals will need to be after 4 PM OR on weekends. Your current classes will act as your "technique" classes; we won't have time to teach technique during the rehearsals! PLAN: Form now, start rehearsals in September, be ready to perform by late November for the 2009 holiday season! Please indicate your interest by singing up through our front desk. Be sure to include your email address so we can keep in touch and get this program up and running ASAP!

***In Conclusion.....***

I hope this summary has been informational! We promise to keep the best interest of PCAD's students and families at the core of everything we do. It continues to be my pleasure and my honor to serve you. Enjoy the rest of your summer! REGISTER NOW FOR FALL! Summer classes end Saturday, August 29. Come and take classes from our new teachers while there's still time! The studio remains OPEN for registration ONLY (while we're painting!) August 30-September 5 ; closed Sunday, September 6 and Monday, September 7. RECEIVE A 10% DISCOUNT on September's tuition IF YOU REGISTER BY SATURDAY, SEPTEMBER 5<sup>TH</sup> ! CLASSES START TUESDAY, SEPTEMBER 8!

Our very best to you and your family,

**SANDRA RUSSELL ISHIDA**

Executive Director

Pacific Coast Academy of Dance and  
Youth America Ballet

**LAURA HOIST**

Administrative Director